



# Updated Guidance from ASHRAE & CDC

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# Meet the presenters



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# Agenda

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- **Bios**
- **Basics**
  - What are the new guidelines?
  - Why are they needed?
  - What are the new ventilation targets?
- **What does it mean for you?**
  - What technologies can be used?
  - What steps should I take?
- **Q&A**



# Basics

# What's going on?



## ASHRAE Standard 241P: *Control of Infectious Aerosols*

- ASHRAE is a professional organization of HVAC engineers that is responsible for setting the standards that form the nation's **building codes**
- Draft of 241P Standard released publicly with **final version** to targeted for approval by the end of **June 2023**
- Purpose is to **control of infectious aerosols to reduce risk of disease transmission**
- Requires enhanced ventilation **during times of high risk** (i.e., "Infection Risk Management Mode")
- Represents a **significant increase** in non-infectious air relative to previous standards (*discussed on next slide*)



## CDC: *Ventilation in Buildings*

- Center for Disease Control and Prevention (CDC) provides **guidelines to protect the nation's public health**
- Recommends at least **5 eACH** for all occupied spaces
- Updated the minimum filter recommendation to Minimum Efficiency Reporting Value (**MERV**) **13**.
- **CDC guidance sets an expectation of quality** demanded by relevant stakeholders, but it does not typically affect building code



## Why now?

- Covid-19 brought **unprecedented attention to IAQ**
- Big changes take time. These new standards that **will mitigate airborne transmission of pathogens for the long-term**
- Adhering to the new standards will help **protect us from the next pandemic as well as more common outbreaks of RSV, flu, and more**

“We might be on the **verge of an indoor air quality revolution**, and it could be among the **most important public health victories of the 21st century**”



– Joseph Allen, director of Healthy Buildings program at Harvard University’s T.H. Chan School of Public Health

# How different is it?

## Comparison of eACH requirements across standards and space types, assuming typical occupant density

	Current 62.1/170	Forthcoming 241P	% Increase or Multiple
Education	2.8-3.5	8.3	2.4-3.0x
Healthcare	Exam Room - 6 Patient Room - 4 Waiting Room - 12	Exam Room - 8 Patient Room - 24 Waiting Room - 40	<b>Exam Room - 33%</b> <b>Patient Room - 6x</b> <b>Waiting Room - 3.3x</b>
Office	0.5	1.1	2.2x
Other	Public Assembly - 5.4 Religious - 4.4	Public Assembly - 20 Religious - 24	<b>Public Assembly - 3.7x</b> <b>Religious - 5.5x</b>

### Relevant ASHRAE Ventilation Standards

**62.1** - Ventilation for Acceptable Indoor Air Quality | Non-Residential & Non-Health Care Spaces | CFM/person\*

**170** - Ventilation for Health Care Facilities | Health Care | ACH

**241P** - Control of Infectious Aerosols | All Occupied Spaces | EOA/person

**CFM** - cubic feet per minute  
**ACH** - air changes per hour  
**eCFM/eACH** - equivalent CFM/ACH  
**EOA** - equivalent outdoor air

\*ASHRAE 62.1 uses a combination of CFM/person and CFM/area



**What does it  
mean for you?**





# Determine best approach for compliance

## Increased Ventilation (HVAC)



**+ 1-2 eACH added**

Typical HVAC systems operate at 70-80% of capacity. Forcing them to operate at 100% only add a few ACH.

## Portable Air Filters



**+ 1-3 eACH added**

Most portable air filters are inadequately-sized for the volume of air they clean. Typical filters add 1-3 ACH.

## In-Room GUV



**+ 10+ eACH added**

In-room GUV disinfects large volumes of air at once enabling 10+ eACH in a 500 sq. ft. space with a single device.

### Limitations

- Significant energy costs and GHG emissions
- Can affect occupant comfort
- Increases wear and tear, requiring add'l maintenance
- Not targeted to highest-risk spaces

- Noisy
- Obstructive
- Frequent maintenance for filter replacements
- Not considered a permanent solution as it's not installed

- Safety commissioning required upon installation
- Unfamiliar technology for many

# Typical steps to compliance

1

Determine EOA required by 241P

- **Multiply** the CFM/occupant required by ASHRAE 241P for your space type by the number of occupants

2

Determine your current EOA

- **Measure your HVAC** system's current ventilation (CFM)
- **Add supplemental EOA** you've implemented (e.g., portable air cleaner, GUV)

3

Select approach to fill the gap

- Consider **cost, implementation, ongoing maintenance, and sustainability** for your unique situation

4

Implement solution

- Schedule and conduct installation to **minimize disturbance to building occupants**
- For PACs, determine placement, maint. schedule, and protocol for **preventing misuse by occupants and operators**

5

Continuously Monitor

- Conduct inspections manually as necessary or **use sensors for real-time, continuous monitoring**



**Q&A**

**Thank  
you!**

**Stay informed and up-to-date with the latest developments in ASHRAE and CDC's IAQ standards** by following us on LinkedIn and Twitter as well as by subscribing to our newsletter.

**Scan QR code to add to our question bank** that we'll be addressing in future webinars, newsletters, and social & web content in easy-to-understand terms!

